

# ) Pine Beach Newsletter



November/December 2025



#### **NOVEMBER:**

Nov. 3 - 4<sup>th</sup> Quarter Taxes Due - **NO POST DATED**CHECKS

Nov. 4 - Election Day - Borough Offices Closed & no trash pickup. Polls open 6am-8pm.

Nov. 5 - R2 Garbage Pickup

Nov. 8 - Recycling Yard Open 8am-2pm

Nov. 11 - Borough Offices Closed & no trash pickup

Nov. 12 - R2 Garbage pickup

Nov. 18 - Land Use Board Meeting 7:30pm

Nov. 22 - Recycling Yard Open 8am-2pm

Nov. 27/ Borough Offices Closed for

Nov. 28 Thanksgiving Break

#### **DECEMBER**:

Dec. 6 - Recycling Yard Open 8am-2pm

Dec. 7 - Annual Tree Lighting at Borough Hall 3:45pm (Rain Date 12/14)

Dec. 11 - PBVFC 100<sup>th</sup> Anniversary!

Dec. 13 - PBVFC Truck Drives Santa around at dusk

Dec. 16 - Land Use Board Meeting 7:30pm

Dec. 20 -Recycling Yard Open 8am-2pm

Dec. 24 -Borough Offices Close at 12pm

Dec. 25 -Borough Offices Closed

Dec. 31 - Borough Offices Close at 12pm

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REMINDER from The Public Works Department:
Place <u>loosely</u> tied bags of leaves curbside on Sunday
night for pickup during your scheduled week

## Leaf pick up schedule

Nov. 2 - R1 ONLY

Nov. 9 - R2 ONLY

**Nov. 16 - R1 ONLY** 

**Nov. 23 - R2 ONLY** 

**Nov. 30 - R1 ONLY** 

Dec. 7 - R2 ONLY

#### Happy Autumn!

As we are wrapping up Halloween and we get ready to dress our Thanksgiving Day turkeys there are a few reminders for the upcoming leaf pick-up.

There are three (3) curbside collections scheduled for each route (R1 & R2). Please do not use paper leaf bags as these bags will rip and fall apart after they get wet. Make sure all leaf bags are loosely tied or taped. All bags should be placed at the curb, where the street meets the easement, for collection.

Bags not placed at the curb may not be collected.

The Borough Recycling Yard is open to the public, 8am-2pm Monday-Friday and select Saturdays. (See the recycling calendar for details.)



There are less than 100 days left in the Centennial year of the founding of Pine Beach. My family and I enjoyed the many activities that were planned throughout this year. Luckily there is still more fun to come.

The Pine Beach Volunteer Fire Company is also celebrating its 100th year in existence. These men and women have been aiding our residents regardless of the weather or the time of day. Please support them by donating at least \$100 in celebration of their 100th year. Did you know that less than 35% of the residents donate to the Fire Company? Let's help them so that they can help you.

The Fire Company was able to sponsor Firefest this year after a two-year hiatus caused by weather. This was another great event enjoyed by many.

Trunk or Treat picked the correct weekend, and the Borough celebrated with over 35 trunkers taking part in this popular event. Many thanks to Council members McGee and Newman for gathering donations to support this awesome program for our residents.

Our annual Tree lighting at Borough Hall is scheduled for December 7. Please come out and enjoy the train ride, sing some songs, and welcome Santa to Pine Beach.

As this year winds down, I want to thank all Pine Beachers, past and present, for making our Centennial very special. Pine Beach is definitely the "Pearl of the Toms River" because of all of you.

Thank you and have a safe and enjoyable holiday season.

Sincerely,

Lawrence W. Cuneo







Thank you to all of our volunteers, sponsors, Borough employees, and Council for their hard work. Trunk or Treat was a huge success!

Over 600 pumpkins in our pumpkin patch, inflatable games, face painting, giveaways, and of course, lots of candy!











































In this season of awareness and reflection, we extend our deepest love and unwavering support to all residents who are battling, surviving, or have been affected by breast cancer. Whether you are walking through treatment, celebrating remission, or holding the memory of a loved one close, please know that you are not alone.

Your strength, courage, and resilience inspire us all. As a community, we stand beside you—with compassion in our hearts and hope in our hands. We honor your journey, your bravery, and the quiet moments of perseverance that often go unseen.

Let us continue to lift each other up, share kindness freely, and foster a spirit of unity that reminds every individual: Pine Beach is with you.

With heartfelt solidarity,

Vine Beach Borough Employees

Thank you to our residents & employees who have shared their story in honor of Breast Cancer Awareness Month in October.

I've been a Pine Beach resident for 21 years, and I am a breast cancer survivor. I was diagnosed with BC in February 2023, had surgeries in April and June of that year, had 28 radiation treatments, and am on hormone therapy treatments for 5 years. Through the grace of God, I am a BC survivor & thriver, and am so grateful to my family and friends who prayed for me, and continue to do so, throughout my journey.

Remembering 25-year Pine Beach resident, Sigrid Bortko. Three- time breast cancer warrior, nurse, loving mother, wife & friend. Forever in our hearts 7/5/56 - 02/9/07.

#### **BREAST SELF EXAMINATION**



7-10 days after your periods start.

If you're not menstruating, pick any date



Examine your breasts with raised arms, then with both hands on your hip bones, then with arms down and relaxed.



Look for any physical changes, e.g. lumps or swelling, redness or rash, any changes in the shape or position of the nipples.



for pain or discharge.



Raise one hand and use the pads of 3 or 4 finger of another hand.



To check breast start at the outer edge and move toward the nipple. Cover as small section at a time as you can.



nd downwards, then in round movements, starting from the outer part.



Do the same steps lying on your back Use a pillow under the shoulder if you want to.



if you have any questions or doubts, visit your doctor. Do mammography annually after 40. Take care of your breast!

## Know Your Breast Health Facts

## **Every 2 minutes**

a woman is diagnosed with breast cancer





1 in 8 women will develop invasive breast cancer during her lifetime

## 42% higher

breast cancer mortality rates in African American women than in white women

## Most common

cancer among Hispanic/Latina women and the leading cause of cancer death



Sources: American Cancer Society, Yale Cancer Center, cancer.gov, The Lancet, ww5.komen.org

At the age of 25, I was diagnosed with Stage 3
Hodgkin's Lymphoma. Ten years after my
diagnosis I underwent a preventative double
mastectomy to reduce my breast cancer risk.
Due to the intense radiation and cancer
treatments I had, I was developing
unidentifiable masses in my breasts and my
breast cancer risk was greater than 50%.
After my mastectomy I dropped to a 5%
chance! Thank you to my medical team at
Jersey Shore University Hospital and Samra
Plastic Surgery!

-Cristal B (Employee of Pine Beach Borough)



#### A MESSAGE FROM THE ENVIRONMENTAL COMMISSION

## Acorns, Acorns, Everywhere! A sign of a snowy winter?

September was quite a month for acorns. Yards and streets throughout Pine Beach were inundated with acorns from a variety of oak trees. The acorns from Chestnut Oaks were particularly BIG. So, what's going and what does it mean for the upcoming winter? Folklore would say we're in for a snowy winter, and that the bumper crop ensures sufficient food for animals during the difficult months ahead. Science doesn't exactly back this up.

We do know that Pine Beach has been in a mini snow drought over the last several years. We have had the occasional nuisance snowfall, but nothing to get excited over. While it has been cold, which included a solid river freeze this past January, it has been many years since we were clobbered by one of those huge snowfalls that kids love (and some adults detest). Maybe the recent acorn bonanza portends a change?

Experts are dubious of the acorn-snowfall connection and offer another possibility involving self-preservation. According to the Ocean County Parks Department, a warm Spring and very dry conditions may be the answer. Droughty conditions can cause trees to initiate a stress response that directs energy into seed production. The resulting mass drop of acorns ensures there will be plenty of future seedlings if conditions worsen and the days of the host tree are numbered.

It has been dry in Pine Beach over the last several years, especially the summers. An increasing number of trees appear visibly stressed, so the excess acorn theory makes sense. However, not all people are willing to give up on the snowy winter prediction. While weather science has improved greatly, the accuracy of long-range forecasting remains somewhat weak. On the other hand, folklore is often crafted through years of observation. That's good, but the stories can take weird and bizarre turns.

So, what will it be – a snowy winter in Pine Beach or a continuation of the same? Well, no one knows for sure. As we enter the dark winter months, we will just have to wait and see. You can then decide on your own if our trees gave us a winter weather warning after all!



A reminder for holiday recycling!

Since we will be starting our holiday gift-wrapping season soon, here are a few quick reminders about what can and cannot be recycled.

Holiday wrapping paper is recyclable; this also includes tissue paper. This paper should be free of foil, glitter, and tape. Any paper with metal foils or glitter should be thrown away.

Cardboard gift boxes are also recyclable and follow the same rules as the wrapping paper.

**Styrofoam is not recyclable** and should be placed in your garbage can for disposal.

Be on the lookout for Christmas Tree collection on next year's calendar!

Please call the Borough Recycling Yard at 732-240-0566 for any additional information or questions.

Happy Holidays and Happy New Year!

### PINE BEACH WATER DEPARTMENT



## **Prevent Frozen Pipes This Winter**



Cold weather can cause water pipes to freeze and burst, leading to costly repairs and water damage in homes. Protect your plumbing this winter with these simple steps:

#### **Tips to Prevent Frozen Pipes**

- Insulate exposed pipes. Wrap pipes in unheated areas—like basements, garages, or crawl spaces—with foam insulation or pipe sleeves.
- Seal drafts. Close gaps and cracks around windows, doors, and walls to keep cold air away from plumbing.
- Keep the heat on. Maintain indoor temperatures at 55°F or higher, even when you're away from home.
- Let faucets drip. A slow trickle of water helps prevent pipes from freezing during extremely cold nights.
- Open cabinet doors. Allow warm air to circulate around pipes under sinks—especially along exterior walls.
- Disconnect outdoor hoses. Drain garden hoses and shut off outdoor faucets before the first hard freeze.
- Know your main shut-off valve. In case of a burst pipe, shutting off your home's main water supply quickly can minimize damage.

#### If a Pipe Freezes

- Turn off the water at the main valve.
- Gently warm the frozen section with a hair dryer or heating pad—never use an open flame.
- Call a licensed plumber if you can't locate or safely thaw the frozen pipe.

#### Stay Safe and Prepared

A few simple steps now can help prevent major damage later. Protect your home, save money, and keep your water running all winter long!

The Borough of Pine Beach Water Dept. is required by the EPA and NJ DEP to adhere to very stringent water quality parameters to ensure residents receive safe drinking water. Testing is provided by an outside agency (Henderson Labs, Beachwood NJ) and results are reported to NJDEP and published on the NJ Drinking Water Watch Web Site. You can use the following link to access: <a href="https://www9.state.nj.us/DEP\_WaterWatch\_public/JSP/WSDetail.jsp?">https://www9.state.nj.us/DEP\_WaterWatch\_public/JSP/WSDetail.jsp?</a>
<a href="https://www9.state.nj.us/DEP\_WaterWatch\_public/JSP/WSDetail.jsp?">https://www9.state.nj.us/DEP\_WaterWatch\_public/JSP/WSDetail.jsp?</a>

"Water: nature's energy drink."

#### FIRE COMPANY

Thank you for everyone who attended and contributed to Fire Fest!







The Fire Company's Annual Fund is happening. Consider making a donation to support the Pine Beach Volunteer Fire Company.

In honor of their 100<sup>th</sup> Anniversary, how about making a \$100 donation? \$100 for 100 years!

Donations can be brough to the Fire House on Thursday evenings at 6pm, or <u>click here</u> for their donation form which can also be found at <u>www.Pinebeachfire.org</u>.



# FROM THE PINE BEACH POLICE DEPARTMENT

PLEASE JOIN US FOR OUR

# FIRST RESPONDER TOY DRIVE

DECEMBER 13TH, 2025 FROM 11:00 AM TO 3:00 PM

MAYO PARK REC. CENTER 501 BEACON AVENUE BEACHWOOD, NJ 08722

DROP ANIONWRAPPED GIFT OFF

BE MADE BY SCANNING OUR OR CODE

NO DONATION IS TOO SMALL!



BEACHWOOD & PINE BEACH EMERGENCY SERVICES













YOU MAY DROP OFF TOYS AT BOROUGH HALL UNTIL FRIDAY, DECEMBER 12<sup>TH</sup>.

#### PINE BEACH PRESERVATION SOCIETY

Pine Beach Preservation Society Online Store is now open: October 15th through Monday, November 3rd, merchandise will be ready for Pickup approximately November 17th. Perfect for 2025 Holiday Gift Giving! <a href="https://accent.promo/pbps-fall-2025/shop/home">https://accent.promo/pbps-fall-2025/shop/home</a>



This will be the last Pine Beach Preservation Society Online Store and Centennial merchandise. When the online store closes on November 3rd, no additional merchandise will be sold. This will be your last chance for Official Pine Beach Merchandise, get your merchandise before it is too late!

Accent Apparel offers convenient shipping options. If you have any questions, please contact Accent Apparel LLC at (732) 341-7576.

Their friendly staff will be happy to guide you through the process

Save the date!

# Upcoming Events

#### NOVEMBER:

Nov. 4 - Election Day - Polls open 6am-8pm. Borough Offices Closed & no trash pickup.

Nov. 11 - Veterans Day Borough Offices Closed & no trash pickup

Nov. 27 & Nov. 28: Borough Offices Closed for Thanksgiving Break

### **DECEMBER:**

Dec. 7 - Annual Tree Lighting at Borough Hall 3:30pm (Rain Date 12/14)

Dec. 12 - Pine Beach Elementary PTO Horse & Carriage Rides
(Hillside Parking Lot)

Dec. 13 - PBVFC Truck Drives Santa around at dusk

Dec. 24 - Borough Offices Close at 12pm Dec. 25 - Borough Offices Closed Dec. 31 - Borough Offices Close at 12pm



REGISTER\*

\*RAINDATE 12/14\*

#### IMPORTANT REMINDERS





#### PINE BEACH BOROUGH

599 PENNSYLVANIA AVENUE PO BOX 425 PINE BEACH, NJ 08741 732-349-6425

#### WWW.PINEBEACHBOROUGH.US

BOROUGH HALL HOURS MONDAY - FRIDAY 9 AM - 4 PM

# PINE BEACH MAYOR LAWRENCE W. CUNEO

#### **COUNCIL MEMBERS& LIAISONS:**

JIM KEESLING: DOCKS & BEACHES LORI MCGEE: CELEBRATIONS & ENVIRONMENTAL COMMISSION

RAY NEWMAN: CELEBRATIONS; FIRE CO., FIRST AID & EMERGENCY MANAGEMENT RICHARD POLHEMUS: ENVIRONMENTAL &

NATURAL RESOURCES

JIM SAXTON: FINANCE & MUNICIPAL COURT BARRY WIECK: PUBLIC WORKS & PUBLIC

SAFETY

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